

# EMPOWERING WELLNESS

with Leona

Join us in Rincon, Puerto Rico  
for an empowering destination  
**WELLNESS RETREAT**

**APRIL 17-25**  
**8 DAYS & NIGHTS**

single room \$3800

double room \$3200

at the beautiful Tres Sirenas Beach Inn



## 5 STAR EXPERIENCE!

Excursions & Treatments

Life Coaching with Amy Discepolo

5 Star Private Plant Based Chef

Jason Sumpter: [TravelersCuisine.com](http://TravelersCuisine.com)

- yoga/fitness
- life coaching
- snorkeling
- waterfall excursion
- tai chi/qigong
- vision boards
- creating connections
- dancing / art market
- massages / meditation
- Young Living Essential Oils

- 50% deposit due by 2/29/20 to hold spot & balance due by 3/27/20
- RSVP to [Dolphin0715@hotmail.com](mailto:Dolphin0715@hotmail.com)
- Contact Leona at 904-687-3608 for more info!

**Empoweringwellness.me**

**Early Bird**

**Special!**

\$400 off if  
paid in full by  
January 31st

